



De-stigmatizing mental health services is the first and sometimes most important hurdle to overcome in getting our children and families the help they need. Convincing both parents and children that seeking support services does not mean they are “crazy” or “bad caregivers” often provides more challenges than providing the treatment itself.

KidWise is a nationally recognized school-based holistic mental health model that was developed to specifically provide a “neutral” (non-clinical) setting within the safe and de-stigmatizing school environment. Safe Space has operated this program at MS 72 (The Catherine and Count Basie Middle School in Rochdale/Jamaica) since 2005, helping over 4,000 students overcome developmental problems and achieve better academic results.

Licensed therapists, school staff, and parents collaboratively participate in home visits, counseling, educational / enrichment sessions and behavior modification activities focused on helping the child break down barriers to school success.

KidWise also organizes an annual "Awareness Week," which features workshops on a variety of family wellness topics, including healthy eating habits, family planning and smoking cessation.